

# LOMIRA QUAD/GRAPHICS COMMUNITY

## LIBRARY SPRING CHALLENGE ( ADULTS)

NAME: \_ \_ \_ \_ \_ PHONE: \_ \_ \_ \_ \_

ADULTS ARE INVITED TO JOIN US FOR A SPRING READING CHALLENGE! EVERY SHEET COMPLETED IS ONE ENTRY INTO OUR SPRING CHALLENGE RAFFLE. READ ( OR LISTEN TO) 3 BOOKS + COMPLETE 5 CHALLENGES FOR A VALID ENTRY. TURN IN YOUR SHEETS WITHIN 1 WEEK OF OUR REOPENING TO BE INCLUDED IN THE RAFFLE DRAWING! RAFFLE PRIZES ARE DONATED BY THE FRIENDS OF LOMIRA LIBRARY.

TITLE	AUTHOR
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2.	
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CHALLENGES ( COMPLETE 5)	
	Spend 10 minutes in mindful breathing.
Cook or bake a new recipe that you've always wanted to try.	Make a list of 5 things you are grateful for.
Take a nature walk. Notice the plants, sounds and	Take a walk or exercise indoors.
Take a Gale course using your library card.	Declutter! Clean out one "junk drawer", pantry
Learn about a new skill from a book or online.	Encourage one person to sign-up for a library card
Checkout a magazine using RBDigital.	Call a family member or friend who lives far away.



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COMMUNITY LIBRARY**